



CROSSTRAINING MISSIONS

Santo Domingo, Dominican Republic
INFORMATIONAL PACKET



MISSIONS



For over three decades, Cross Training Ministries has used sports as a platform to minister to tens of thousands of young people around the world. Specifically, the Cross Training Missions experience is designed for male and female athletes between the ages of 15 and 21. ***Are you are interested in testing your skills against international competition?***

Do you hunger to find a way to strengthen your faith? Are you a leader ready to grow and learn?

If so, you may be ready to experience one of the most unique missions trips available. Take the time to review the enclosed information. As you read, ask God to open your heart to the calling of becoming a Cross Training Missionary.



I PLAY FOR HIM

We have scheduled both basketball and volleyball games for girls and boys to compete in. This is international competition against a diverse range of competition. One game you may find yourself playing against a future National team player and the next running the fast break on an outdoor court with fans cheering. Whatever the case, you will have the opportunity to play the sport you love in an environment like you've never experienced.

With interpreters beside us every step of the way, players will be afforded the privilege of playing against this competition and then ministering to them. Each day, you and your teammates will have the chance to share your testimony to the players from the opposing team.

Teams will be coached by Cross Training coaches and mentored by camp founder, Bob Uppgren.



USING SPORTS

If you have ever dreamed of becoming a Cross Training coach, now is your chance. In fact, through this missions trip, you will be coaching in gyms that have become like a second home to the Cross Training Ministry. Each clinic will be assigned children from the Santo Domingo community to teach and mentor. No sitting on the sidelines watching the Cross Training coaches do the clinic. You will be executing the Cross Training ministry model right along with us.





SERVING FRIENDS

Just when you thought the experience couldn't get any better, our group visits local orphanages and Sugarcane villages, where many families live with nothing more than a tin roof over their heads. Our Bags Without Borders program is dedicated to supplying families and children worldwide with items that are essential, fun and faith-focused. This is your opportunity to serve the less fortunate and make a tremendous impact on their life. It's like Christmas in July when you help them open their bag and play with their toys.

GROWING FAITH

There's nothing better than heading down to the beach to de-brief another amazing day. Our accommodations are a short walk to the Atlantic Ocean. It's a common occurrence to end our day with ministry founder, Bob Upgren, teaching faith-growing principles to the group while the sound of waves crash against the shore.

This all important aspect of the trip is not only where relationships deepen, but where your **FAITH IS IGNITED.**



TRIP DETAILS

A young child with dark skin and short hair is the central focus of the image. They are wearing a black sleeveless jersey with red and white trim around the collar and sleeves, and red shorts. The child is standing on a green grassy field, looking directly at the camera with a neutral expression. In the background, there are purple and red elements, possibly parts of other people or equipment. The overall scene suggests a sports or outdoor activity.

WHO:

- Girls Basketball Team (ages 15-21 years old)
- Boys Basketball Team (ages 15-21 years old)
- Girls Volleyball Team (ages 15-19 years old)

WHAT:

- Sports Missions Trip

WHERE:

- Santo Domingo, Dominican Republic

WHEN:

- August 2-9 2023

COST:

- \$3,200
- Non-Refundable Deposit of \$500 due upon registration
- First Payment of \$1,350 is due by February 1, 2023.
- Second Payment of \$1,350 is due by March 1, 2023.



NEXT STEP

If you are interested in becoming a Cross Training missionary, your next step is to make the initial \$500 deposit online (www.crosstrainingcamp.com). This will secure your spot. An email will then follow with paperwork, passport and waiver information.

It is our hope that God calls you to step into one of these spots to experience the trip of a lifetime!