



CROSSTRAINING

MISSIONS TRIP INFORMATION PACKET



July 31 - August 7, 2019
Santo Domingo,
Dominican Republic



What if there was an opportunity to match your love for sports with your devotion and passion to serve others?

What if you could play against international competition while at the same time minister to them as people? Would you stretch your faith and become vulnerable?

How about the calling God has placed on your heart to give something back to the game and God? If you could do both by joining Cross Training to minister to children in the Dominican Republic, would you do it?

We are looking for female and male athletes between the ages of 16 and 21, who are interested in testing their skills against international competition, while at the same time testing their faith in one of the most unique missions trips available.

For the past 24 years, Cross Training has ministered to tens of thousands of young people from across the region and country. Using sports as a tool for ministry, lives have been changed and faith strengthened.

Once again, we are stretching our boundaries to the country of the Dominican Republic and we hope you will join us. Our goal is to provide two basketball teams (a boys and girls) and two volleyball teams, an unforgettable and life-changing missions experience.

If you're ready for a challenge and are searching for something unique, take time to read the enclosed information. As you read, ask God to open your heart to the calling of becoming a Cross Training missionary.

I PLAY FOR HIM

We have scheduled both basketball and volleyball games for girls and boys teams to compete in. This is international competition against unknown opponents. One game you may find yourself playing against a future National team player and the next running the fast break on an outdoor court with fans cheering. Whatever the case, you will have the opportunity to play the game you love in an environment like no other.

With interpreters beside us every step of the way, players will be afforded the privilege of playing against this competition and then ministering to them. Each day, you and your teammates will have the chance to share your testimony to the players from the opposing team.

Teams will be coached by Cross Training coaches and mentored by camp founder, Bob Upgren.



I COACH FOR HIM

If you have ever dreamed of becoming a Cross Training coach, now is your chance. In fact, through this missions trip, you will be coaching in an environment that many Cross Training coaches have never experienced.

Each clinic you will be assigned children from the DR to teach and mentor. No sitting on the sidelines watching the Cross Training coaches do the clinic. You will be executing the Cross Training ministry model right along with us.

We have scheduled a basketball clinic and a volleyball clinic for the week, which will be a welcomed break from the games. This will be the ultimate opportunity to exercise your faith and impact a child you have never met before.



I SERVE FOR HIM

There are times to put the ball down, leave the shoes in their bag and simply serve. Part of the missions experience that can become so enriching is the opportunity to serve those in need. During this trip, athletes will visit an orphanage, as well as Sugarcane villages, where many families are left with nothing but a tin roof over their heads.

Cross Training has also created a program called Bags Without Borders. Over 2000 pounds of non-perishable goods will be distributed by our athletes to kids and families in need in the villages.

Of all the great things you may do in the game of basketball or volleyball, the time as a player is only a small portion of your life. To have an experience to serve in this manner lends itself to a change in your perspective for the rest of your life. Most of all, the truth of God's call to love thy neighbor as thyself will be brought to life.

**So, are you ready? Are you prepared to
give your best for God's glory?**



WHAT WILL WE BE DOING?

Playing 4-5 games against international competition.

Serving and ministering to kids in an orphanage.

Coaching kids at our very own international Cross Training Camp.

Visiting and distributing Bags Without Borders to multiple sugarcane villages.

Spending devotional time on the beach each morning and evening.

We've even saved a day for FUN! Sightseeing, shopping and the ocean.

WHAT'S INCLUDED?

Airfare & Baggage Fees

All meals in the Dominican Republic

Lodging one day before and during the trip

Transportation

Insurance

Visitor Entrance Fee & Card

Camp T-shirt

Travel T-shirt

Jersey

Backpack and Journal

BOTTOM LINE INFORMATION

Who: Boys & Girls ages 16 - 21

What: One Women's Basketball Team, One Men's Basketball Team and
Two Women's Volleyball Teams

Where: Santo Domingo, Dominican Republic

When: July 31 - August 7, 2019

Cost: \$2,800

Non-refundable deposit of \$500 is due by September 1, 2018.

First payment of \$1,000 is due February 1, 2019.

Second payment of \$1,300 is due April 1, 2019.

WHAT DO I NEED TO DO NEXT?

If you are interested in joining our team and becoming a Cross Training missionary, simply review the contents of this packet with your parents. All the information needed to make a decision is included. Our office is available Monday through Friday, 9:00 a.m. - 3:00 p.m. Our office number is 701-250-9964.

We are taking registrations for the 2019 Missions Trip now. These trips do sell out quickly. The initial non-refundable deposit will be processed and secure your spot. Register online at www.crosstrainingcamp.com or fill out the Registration Form included and mail back with deposit. Players will reserve their spot, first come, first serve, so sign up today!

Mail applications and deposit to:

Cross Training
PO Box 2471
Bismarck, ND 58502

It is our hope that God calls you to step into one of these spots to experience the trip of a lifetime!



APPLICATION FORM



1. First, Middle, Last Name: _____
(Name as it appears on Birth Certificate. No nicknames. Must match passport.)
2. Address: _____
City: _____ State: _____ Zip: _____
Athlete's Cell: _____
Athletes Email: _____
3. Birthdate: ____/____/____
4. Age: _____ Grade or College (2017-2018): _____
5. U.S. Passport # (will need this by February 1, 2019): _____
6. Name of Parents: _____
Home Phone: _____ Cell Phone: _____
Email: _____
7. School Attending: _____
8. What sport would you like to play? (circle one) BASKETBALL or VOLLEYBALL
9. T-shirt Size: S M L XL XXL
10. Jersey Size Top: S M L XL XXL
Jersey Size Bottom: S M L XL XXL
11. Briefly describe your relationship with Jesus and why you want to go (attach additional sheet if needed):

12. Your signature below indicates that you have an insurance plan sufficient for any medical or liability costs. Cross Training or SCORE will not be held responsible for situation of this nature. I also understand the deposit of \$500 is due with this form and non-refundable.

Signature of Applicant: _____ Date: _____

Please Return To: Cross Training PO Box 2471 Bismarck, ND 58502
Email: crosstraining@midconetwork.com Phone: 701-250-9964 Fax: 701-250-1254

Credit Card payment for \$500 deposit below if needed:

Credit Card Payment:	VISA	MASTERCARD	DISCOVER
Cardholder:	_____	Amount:	_____
Account#:	_____/_____/_____/_____	Exp Date:	_____/_____
Signature:	_____	CVV Code:	_____



MEDICAL RELEASE FORM



First Name: _____ Middle _____ Last _____

Address: _____

City: _____ State: _____ Zip: _____

RELEASE FORM:

Emergency Contact: _____ Phone: _____

Please indicate any pertinent information we should have concerning any medical problems you may have:

Are you taking any medication that we should be aware of?

Are you allergic to any form of medication?

Any food allergies or other allergies?

Do you have any history of heart problems? NO YES, what kind? _____

Insurance Company _____ Group # _____

Policy # _____ Primary Policy Holder's Name _____

FOR MINORS ONLY:

As the parent/legal guardian of _____, I request that in my absence, the named person be admitted to any hospital or medical facility for diagnosis and treatment.

Parent/Guardian Name: _____

Parent Home Phone: _____

Parent Cell Phone: _____

Parent Email: _____

By signing below, I acknowledge that Cross Training and SCORE International has my permission to make any decisions regarding medical emergencies on my behalf if I am unable to do so. I also agree with the terms in the Policy and Procedure Manual. (Read at www.scoreintl.org/resources)

Trip Participant signature _____

Parent/Guardian signature (if a minor) _____



PARENTAL CONSENT FORM

(Only needed if you are under 18 on July 31, 2019)



I, _____, parent/guardian of _____,
give permission to Cross Training and SCORE International to travel to the Dominican Republic on
July 31 - August 7, 2019 with our child.

Parent or Legal Guardian must sign below:

Athletes Name (Printed): _____ Date: _____

Parents Name (Printed): _____ Date: _____

Parents Name (Signature): _____ Date: _____

THIS SIGNATURE MUST BE NOTARIZED

_____, Notary Public

My Commission expires _____

County _____ State _____

SEAL

SAMPLE DONOR LETTER

Dear Friends and Family,

I have been given the unique opportunity to travel overseas on a sports mission's trip with Cross Training and SCORE International. I am excited for what the Lord has in store for me on this trip and feel He has chosen me specifically to be apart of this journey.

The purpose of this mission's trip is to use the gifts and abilities God has given me to present Christ to thousands of people in the Dominican Republic. We will be playing basketball/volleyball against international teams, hosting sports clinics and serving in villages and orphanages all around the Santo Domingo area.

I am very excited about being a part of this team, but in order to make the honor a reality, I need friends and family to come along side of me financially. I am asking you to join other relatives and friends and prayerfully consider sponsoring me in this missions effort.

Your prayerful consideration of support is beyond appreciated. Above all else, please pray for God to use me as a true role model and to share the love of Christ on this missions endeavor. Thank you again for your time and consideration.

All for His glory,

(Print your name)

ALL DONATIONS ARE TAX DEDUCTIBLE

Name of Athlete: _____

Name of Giver: _____

Address of Giver: _____

Gift Enclosed: \$100 _____ \$50 _____ \$25 _____ Other _____

Make checks payable to Cross Training and mail to (your address).