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Dr. Everett & Carol Heringer and
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year's Cross Training Champions
Banquet. It's an honor to hold
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work with thousands of young
people around the world.

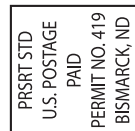


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CROSSTRAINING

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2022 Cross Training

CHAMPIONS BANQUET



FEATURED SPEAKER

Dalvin Cook

3x Pro Bowler

Current Minnesota Vikings Running Back

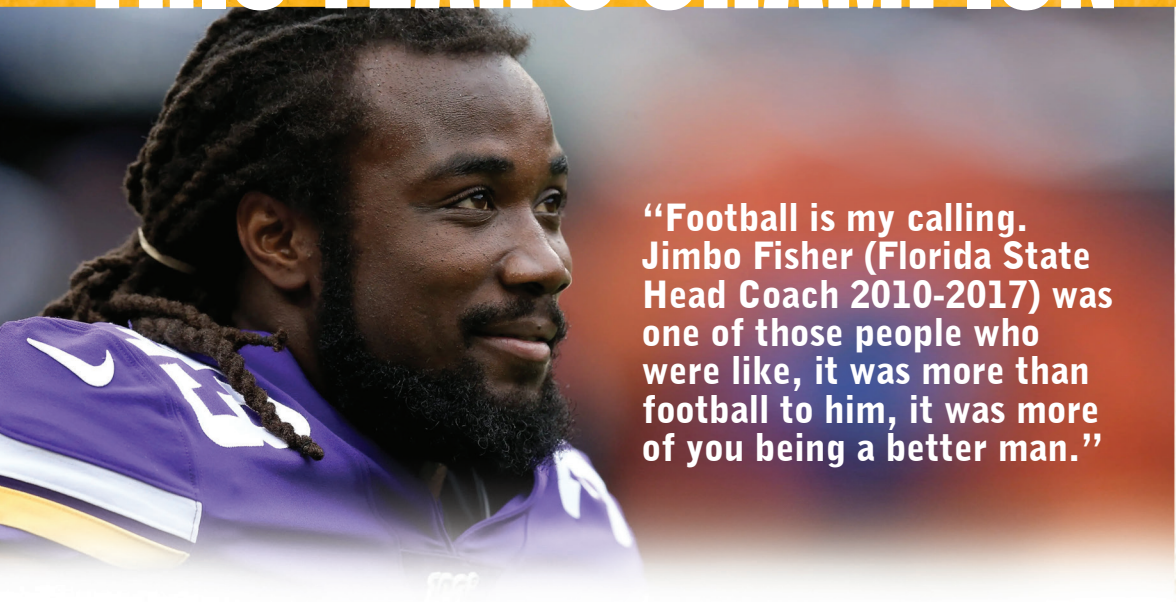
College All-American

COMING TO BISMARCK

November 28



THIS YEAR'S CHAMPION LET'S HAVE SOME FUN!



“Football is my calling. Jimbo Fisher (Florida State Head Coach 2010-2017) was one of those people who were like, it was more than football to him, it was more of you being a better man.”

Dalvin Cook is a running back for the Minnesota Vikings. He was a five-star recruit out of college and got drafted by the Minnesota Vikings in 2017. Over the past three seasons, Cook has rushed for 3,851 yards and 35 rushing touchdowns. Only Derrick Henry, star running back for the Tennessee Titans, has rushed for more yards than Cook in the last three years.

Cook is elite at making opponents miss. Whether in the box or the open field, he is one of the most elusive, yet powerful, runners in the NFL. His number of missed tackles forced, per PFF, ranked him 6th in 2021 and 2nd in 2020. Cook's speed is elite, giving him the ability to simply outrun opponents. Eddie George, a former star running back in the NFL, has high praise for the Vikings superstar. “Dalvin Cook at Minnesota. I don't think he gets enough credit. He's the ultimate game breaker. If he's healthy, I think he can easily be the best back in the league.”

Although Cook's difficult past led several NFL teams to pass on the elite runner, the Vikings saw tremendous potential both on and off the field. Cook is quick to point out these past hardships were instrumental in shaping him into the man he is today. Whether it be launching a charity food truck, visiting Miami's children's hospital or hosting a cooking class for the Boys & Girls Club, Dalvin continues to show his personal growth and willingness to give back.

If you've ever wondered how someone with such immense talent fought through the hardships of life to become one of the best running backs in the NFL, then our discussion with Dalvin is going to blow you away!

CROSS TRAINING CHAMPIONS BANQUET

**MONDAY, NOVEMBER 28, 2022
BSC NATIONAL ENERGY CENTER**

1200 Schafer Street Bismarck, ND

**SOCIAL & SILENT AUCTION
5:00 – 6:00 PM**

**DINNER & PROGRAM
6:00 PM**

Whether purchasing an entire table for family and friends or buying an individual ticket, we look forward to spending the evening together. Dress is business casual.

Get ready to be inspired by our guest speaker and challenged to continue the mission of Cross Training Ministries.

PURCHASE YOUR TICKETS AT:
crosstrainingcamp.com/championsbanquet



**GET YOUR
TICKETS
TODAY!**

TICKET - \$85

- 1 seat at a ticketed table includes social, dinner and program

TABLE SPONSOR - \$600

- 8 seats to a table includes social, dinner and program
- Table Topper sponsor recognition

PREMIUM TABLE SPONSOR - \$5,000

- 8 seats to a premium table (close to stage) includes social, dinner and program
- Table Topper sponsor recognition
- Event & Facebook sponsor recognition
- Meet & Greet VIP Room for entire table
- Pictures with Dalvin Cook
- 5 Autographed items by Dalvin Cook gifted by Cross Training
- Cross Training swag for all table guests