

## **Rules and Regulations**

- \* Teams will be given 7 minutes to warm-up, providing time allows. If games are behind schedule, referees at each court have discretion to how much warm-up time will be given.
- \* Teams should be at the gym 30 minutes prior to their intended start time. Each team should provide their own balls to warm up with. Game balls will be provided at each court.
- \* Halftime: 3 minutes
- \* 1st OT: 2 minutes
- \* 2nd OT: 1st team to score
- \* Each team is guaranteed 3 games. Trophies will be given to 1st and 2nd place winners.
- \* Pool play tiebreaker: 1) Head to head record 2) Fewest total points allowed 3) Coin flip

### **Boys and Girls 3rd-6th Grade Divisions**

- \* Two 16-minute halves with running clock, except on free throws and timeouts.
- \* Clock will stop on all dead ball situations in the last 2 minutes of the game and overtime, if the score is within 10 points.
- \* Pressing is not allowed except for the last 2 minutes of the game, if the score is within 10 points. Zone defense is NOT allowed. Teams must play man-to-man defense with the exception of help-side principles.
- \* Each team will have 3 timeouts per game with 1 timeout added for overtime. Timeouts will not carry over from regulation to overtime.
- \* All other rules will be according to the NDHSAA official rules.

### **Boys 7th and 8th Grade Divisions**

- \* Two 16-minute halves with running clock, except for free throws and timeouts.
- \* Clock will stop on all dead ball situations in the last 2 minutes of a game and overtime if the score is within 10 points.
- \* Pressing is allowed the entire game if the score is within 20 points. Teams are allowed to play any type of defense.
- \* Each team will have 3 timeouts per game with 1 timeout added for overtime. Timeouts will not carry over from regulation to overtime.
- \* All other rules will be according to the NDHSAA official rules.